



# Daily Update

Wednesday May 13th, 2020



## **THANK YOU!! THANK YOU!! THANK YOU!! THANK YOU!!**

We would like to extend our sincere appreciation for all the 'essential' workers, first responders, EMS, Police, and Fire personnel serving our community. We would, also, like to thank our staff and extra helpers for their continued dedication to keep our office running smoothly amid all of the craziness. And, equally as important, we would like to give a big "Thank You" to all of you, the members of our practice for keeping up the positive vibes and understanding the importance of your Chiropractic care.

"Some people wake up feeling like a million bucks. Me? I wake up feeling like insufficient funds."

The message for today is about what many people have experienced after being under regular Chiropractic care. If you know someone who doesn't wake up in the morning feeling like a million bucks, please share this message with them or let them know how Chiropractic keeps you feeling at the top of your game. I will often use the analogy comparing our bodies to a Lamborghini sports car. Would you put cheap gas into a high performance vehicle? Would you use top grade oil? Your body is the only vehicle you will be given and it's meant to last for over 100 years depending on how you take care of it. The right fuel, the daily movement, the enough rest, and regular tune-ups will keep your body running in tip-top shape for an entire life time.

Think. Ask. Learn. Act.

### Hours of Operation

Monday and Wednesday 10am-1pm & 3pm-7pm

Friday 10am - 1pm

Please call the office 215.364.6636 with any questions or to make an appointment.